

We support your well-being

LCMC Health resources are available to all residents, fellows, and learners.



Be Well Center

Contact the LCMC Health Be Well Center:

504.896.9379 or **LCMC-WellBeing@LCMCHealth.org**

Wellbeing and mental health support resources

LCMC Health

Call: 800.383.1908

Online: VITALWorkLife.com (user and password: LCMC)

App: VITAL WorkLife App (user: LCMC)

LSU

Call: 504.568.8888

Online: lsuhsc.edu/orgs/campushealth/cap

Tulane

Call: 1.800.964.3577

Online: guidanceresources.com/ (Web ID: HLF902, Company Name: ABILI)

Tulane Living Well Clinic: tulanelivingwell.com

Additional Tulane resources

medicine.tulane.edu/wellness

medicine.tulane.edu/education/gme/program-resources/residents-and-fellows





LCMC Health Support (Monday–Friday, 8 am–5 pm)

Be Well Center	504.896.9379
Peer Support Hotline	504.702.2199
Employee Health Hotline	504.962.6270
Nurse Hotline	504.962.6202
People Service Center	504.702.5525

24/7 support anytime, anywhere

Mental Health, Crisis, & Suicide Lifeline
Community Resources & Care Coordination
Crisis Text Line

9–8–8

2–1–1

Text HOME to 741.741



More resources available

